

## **Blessings**

- Help where you see a need
- Volunteer at a local soup kitchen
- Volunteer at a local food pantry
- Put one non-perishable food item in a box for the next 40 days then deliver to a food pantry
- Visit someone in an assisted living home or a long-term care facility who doesn't get many visitors
- Call someone to see how they are doing
- Volunteer at a local agency that helps the homeless
- Volunteer at your local animal shelter
- Run a drive to collect needed items for an animal shelter
- Hold the door open for someone
- Do a chore for someone without them knowing
- Pick up litter at a local park, beach, etc.
- Bake for a neighbour
- Send a thinking-about-you card to someone
- Give a compliment to someone you don't know well
- Bring flowers to church and give them to someone randomly
- Let someone go ahead of you in line
- Pay for someone's coffee
- Send a card to someone in the military
- Tell someone why they are special to you
- Weed or shovel for a neighbour/someone
- Bake and take treats to the fire station
- Say thank you to a service member when you see them
- Pay for someone's toll
- Say hello to everyone you see
- Send a positive text message to five people
- Leave some quarters at the laundromat
- Buy a dozen flowers and hand them out randomly to people
- Mow the lawn for a neighbour
- Rake the leaves for a neighbour
- Take the time to listen to someone
- Offer to give a friend a ride home or to a location they need to go

- Send Christmas cards to everyone at a local long-term care facility
- Give someone some words of encouragement who needs to hear them
- Pick up the litter on your street
- Offer forgiveness to someone
- Bake and take treats to the police station
- Donate a gift card you don't plan to use
- Send a get-well card to someone
- Offer to clean/organize a closet within your church
- Read a book to an elderly person
- Return a stray grocery cart to the corral
- Write down a friend's best qualities and give it to them
- Put change on a vending machine for someone to use
- Leave a note of encouragement in a library book
- Wash/Vacuum someone's car
- Compliment the first three people you see today
- Help someone with something new
- Perform a random act of kindness
- Pray for someone that you know needs prayer